



The Soulard Renaissance

"The Neighborhood Magazine of Historic Soulard"

Volume XV, Issue 5

Winter 1990

MAKE "HOLIDAY MEMORIES" AT SOULARD TOUR

by
Hilda Willman

"Holiday Memories," the annual Holiday Parlour Tour of historic Soulard is set for Saturday, December 1 and Sunday, December 2. Tour hours are noon to 5 p.m. each day.

The tour will feature nine restored or rehabilitated homes decorated in holiday style, seasonal food and drinks in each home, and a visit to the Anheuser-Busch brewery to see the popular Christmas light display and world-famous Clydesdale horses.

Members of the Soulard Restoration Group, sponsor of the tour, will lead small groups of visitors from house to house, relating tales of the neighborhood along the way.

The feature home is one of Soulard's Victorian mansions, which is celebrating its centennial this year. The home mixes a range of styles, including Richardsonian Romanesque arches, a Queen Anne turret and Victorian and Art Nouveau style fireplaces.

All of the windows are original to the home; the windows in the front door are etched with the letters "C" and "L"—the initials of the home's first owner, retailer Charles Lange.

During World War II, the home was used as a boarding house, and the owners have left the old room numbers on the bedroom doors.

Another home on the tour has a sub-basement that was part of the Underground Railroad during the mid-1800s. A third home sports a dramatic rounded front facade, which was added around the turn

of the century to spruce up the home for the World's Fair.

(See the feature story on the Charles Lange home and a brief description of each house on tour on inside pages.)

"This tour is named Holiday Memories because it combines the sights, scents and sounds of a

Christmas long ago," said Hilda Willman, tour co-chairman. "We hope to bring back the magic of the holidays for our tourgoers and show them how the season was celebrated in St. Louis' earlier days."

"Soulard has an interesting past, from its founding in the mid-1800s to its heyday as the brewing capital

of United States, and from the urban decay of the post-war period to its glorious rebirth today," Willman said. "Tour guides will tell stories from each of these periods and illustrate them with points of interest along the tour route."

A guest book at the tour's information center will allow visitors to record their memories of a special holiday season. "The holidays are a time for remembering past celebrations and creating new memories," Willman said. "We want our guests to create warm memories of a holiday in Soulard."

Santa Claus will appear at the tour information center. Carolers will serenade tourgoers, as well.

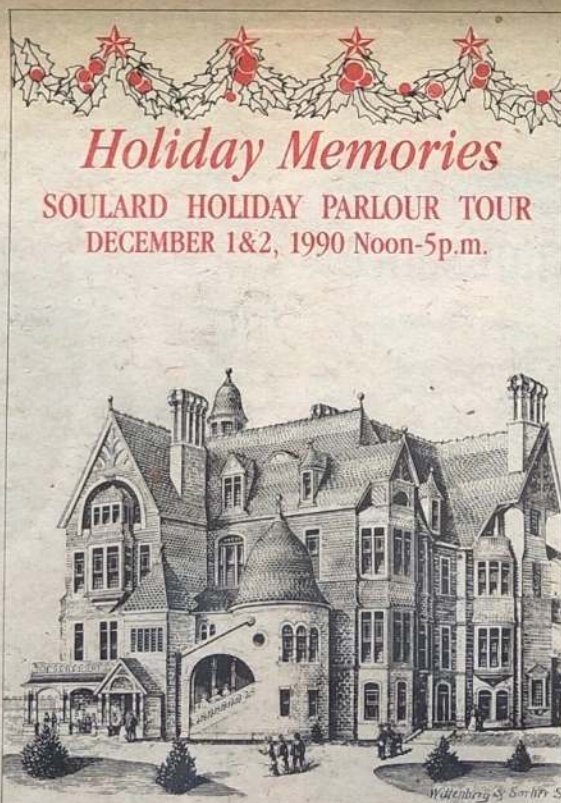
In conjunction with the tour, area realtors will hold open houses of for-sale properties.

The starting point of the tour will be Jesus Church of Christ, 12th and Victor streets.

The tour is a guided, walking tour, so tourgoers are encouraged to dress for the weather and wear comfortable shoes. Coach buses will provide free transportation to the Anheuser-Busch light display and stables.

Tickets are \$5 in advance; \$8 at the starting point. Advance tickets may be purchased through Metro-Tix charge-by-phone, 534-1111, Metro-Tix ticket locations (Schnucks & Famous-Barr) or by calling the Soulard Restoration Group, 771-5563.

Tour proceeds will be used to renovate a building recently purchased by the non-profit Soulard Restoration Group to serve as its headquarters. The building is located at the corner of 12th Street and Gravois Avenue in Soulard.





NOTES FROM THE BRICK HOUSE

by
Richard R. Eaton
President, SRG

The message from this brick house is that Souard is more than historic structures, it's people too!

Ten years ago when I moved to Souard I was in awe of the building structures; the size, styles and historic flavor was unavoidable. I had not experienced gallery porches, transoms, or buildings that fronted on the sidewalks. I had never lived where people walked the middle of the street instead of the sidewalk for fear of falling bricks. I had never lived among so many boarded up buildings, broken windows, unpainted and delapidated shutters, sagging gutters, and gaping holes in rooftops.

On the block where I lived there were buildings but few people. There was abundant evidence that people once lived here. Old car batteries, rotten tires, useless car hoods, old furniture, and varieties of broken glass everywhere. But, where were the people? Where were the pioneers who were restoring and rehabbing property? I had learned about them on a Souard House Tour.

It was on a fall evening 1981 when I attended my first neighborhood meeting at Trinity Lutheran School and discovered the people I had been looking for. I found restorationists, preservationists, rehabbers, historians, people who valued hard work and camaraderie. They called themselves the Souard Restoration Group. They had a primary goal to bring life back to Souard.

It has been ten years since I moved to Souard. Today the buildings are occupied, cornices are painted, windows and shutters have been replaced, wrought iron fences, gates, and balconies restored. Trees line the streets of Souard while flower boxes and gardens enhance the buildings, all making a statement that the people are back. People with energy and tolerance now occupy these architecturally significant buildings. Souard is more than historical structures, it's people too!



The Souard Renaissance

The Souard Renaissance has a circulation of 5000-7000 and is published six times a year by the Souard Restoration Group.

It is distributed to Souard residents, to Souard and St. Louis area businesses and to our advertisers.

Call 773-0966 for information and to place advertisements. Copy deadline for the next issue is March 1, 1991.

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In Memoriam

by Mary Lou Bourque
Souard Historic Standards Committee

At times through involvement in difficult circumstances, you meet exceptional individuals and have the privilege of experiencing their brilliance and strength.

As most of you know, last February a committee of various Souard residents was formed to review the proposed SRG historic code. One of the members of this group was Russell Jost. His first suggestion was to change the name of the document from *code* to *standards* which clarified its intention and showed its differentiation from city code. As the committee reviewed the standards line by line, Russell shared a depth of information regarding historic areas and homes. He came from a perspective that was reasonable, livable and yet maintained historic presence. You will see this in the standards; in sections of explanatory notes; references to city code when it applies so those using the standards will know they are there; suggestions of materials that are more recent, less expensive and still fit the historic nature of our homes;

and in the clarity of the document. For a while the Committee had a standing joke—"That's Russell's homework"—a reference to the willingness with which he would research questions and share the answers with us.

More important was Russell's kindness and sensitivity to others. He patiently answered questions, helped people expedite building projects and was willing to share his ideas and time with others. He spoke lovingly about his family and shared how he hoped to finish his house in time for his niece's wedding—more than 10 years in the future. Russell carefully chose his home and was pleased to have by instinct placed a front room mirror just where it used to be in the early days of the house. He early on planted rose bushes so the neighbors could enjoy the flowers. He treated this Victorian jewel with the respect it deserved.

Russell lived his life with enthusiasm, commitment, intelligence and sensitivity. May we follow his example.

CHEROKEE STREET SPONSORS COOKIE SPREE

Historic Cherokee Antique Row will host the Third Annual Christmas Cookie Spree, December 1 and 2, 10 a.m. to 7 p.m. The festival is sponsored by the 45 shops and establishments along Cherokee Street between Lemp and Jefferson. The shop owners will pass out Christmas cookies and serve refreshments to shoppers during the two-day event. The cookie spree also includes live music, horsedrawn carriage rides, decorations, a Candlelight Walk from 5 to 7 p.m., shop-owners dressed in Victorian costumes, and, of course, antiques and charming architecture.



The celebration strives to create an atmosphere of "those good old days." The U.S. Marine Reserves will be on hand to collect "Toys for Tots." There will be bins in several antique shops. The Marines will be give away free 2-liter bottles of Vernor's Soda for every toy donated. The event promises fun for the whole family.

Souard Restoration Group Do You Love Living in Souard? Would You Like to Meet More of Your Neighbors? ...then membership in the SOULARD RESTORATION GROUP is for you!

The group consists of homeowners, renters and local businesses. Meetings are held the first Wednesday of each month at the auditorium of Trinity Lutheran Church, 8th & Souard, at 7:30 p.m.

Come join us!

Do Your Christmas Shopping in Soulard

by Jan Grace

Soulard merchants offer a wide range of stores to meet those holiday gift and shopping needs. Just look at all the neighborhood has to offer.

A wide range of gifts can be found in Soulard . . . For something different, how about mountain climbing or judo lessons from the 9th Street Gym? If you have been looking for a local place to work out, aerobic and exercise classes are offered there, too. Gift certificates are a great way to give this unusual gift. Call 436-2633.

Jewelry is always a great gift. The Haberdashery at 822 Lafayette has old world jewelry as do Cherokee Street Antique Shops. The antique shops also have books, china, furniture . . . the list is endless.

Need a last minute toy for a child? Vincent's Market at 2400 South Twelfth has some.

Tease at 1615 South 9th Street has gift certificates available for tanning, manicures or hair styling services. Also, they carry gift sets of beauty products and accessories.

Gift baskets can be filled with fruit, nuts, or candy from the Soulard Farmer's Market. The Soulard Spice Shop has gourmet food items for a gift basket and, of course, spices for those Christmas

goodies. How about a pet for a gift? The Market has that, too. The market has extended holiday hours during December.

Creative business gifts are available from Ideas by Dianne at 436-1963.

Many Soulard restaurants offer gift certificates that make great presents for friends who love to eat out.

Want something new and unusual to wear to holiday events? The Haberdashery has treasures from the past: purses, hats, shoes, neckties, and jewelry just to name a few. You can rent or buy evening wear also at Remember Me at 1105 Russell . . . you have to see it to believe it! Hullabaloo has 50s and 60s costumes and a multitude of other attire at 1556 South Broadway.

If you're putting up decorations and find that you need more Christmas lights, decorations or a tree

If you're putting up decorations and find that you need more Christmas lights, decorations or a tree stand, Edele and Mertz Hardware has all that and more . . . how about a saw to cut off the trunk of your tree? They are very handy at 1822 South Broadway.

More decorations and wrapping paper are at Vincent's Market. Wreaths and trees are waiting for

you at Soulard Market. If you like original, unique, tree ornaments, Felling Pottery has handmade, Victorian ornaments which can be dated and personalized. Call 664-4297. Or how about handmade glass ornaments from Mithra Glassworks at 1304 Sidney?

Personalized Christmas cards are always impressive . . . Madco Printing, 1724 South Broadway, will be glad to help you create your own special greeting.

If you plan to make home improvements before you entertain for the holidays, there are many sources in Soulard. Beautiful prints and frames are at the Framery, 1208 Russell, 771-1238. Bonnie will be help you find a print and/or frame to match your decorating style.

Wouldn't a stained glass window look great in your foyer? Mithra Glassworks also has stained glass art and lamps. If you would like to learn the art of making glass windows, lessons are available.

Need one more antique to finish off a room? Where Did You Get That Fern Stand at 9th and Soulard is loaded with eclectic treasures and art. Patrick will be glad to help you, just call 241-3376.

As you can see, a wide variety of merchandise and services are available right here in Soulard. Support our local businesses and the neighborhood. We want to see them succeed, so think of them first when you need to buy.



Mithra Glassworks offers a wide variety of one-of-a-kind ornaments and festive holiday art glass. Shown are just a few samples.



Jolie Mackney pictured with vintage holiday apparel available at The Haberdashery.

SOULARD MANSION CELE

by Hilda Willman

Next time you walk down 12th Street near Lami, take a close look at the house Charles Lange built on the corner. This 4,000-square foot mansion successfully incorporates a jumble of architectural styles that were popular in the last years of the 19th century.

The house, which is celebrating its centennial this year, is the feature home on the Soulard Holiday Parlour Tour, December 1 and 2.

The red brick and yellow sandstone structure was built at the end of the Victorian period and so combines a variety of styles that were converging at that time.

Its front porch features the rounded arches of the Richardsonian Romanesque style, as opposed to the pointed Gothic arches on the house across the street.

On the corner of the house sits a Queen Anne style turret, which forms part of the front parlor on the first floor and master bedroom on the second.



The parlor fireplace has an ornately carved Victorian cherry wood mantel, while the dining room fireplace is made of oak in the Art Nouveau style. The master bedroom carries the architectural cornucopia even further with an Eastlake style fireplace.

"1890, when the house was built, was a transition period in architecture and fashion," said John Soderberg, who owns the home with his wife, Gerri Vinciguerra. "This house is a lesson in the history of the architecture and the sociology of the time."

The house reveals the separation of the classes in the 1890s: the front rooms were used by the large Lange

family and their guests, with the back rooms for the family's servants. Front and back staircases and discreetly situated doors ensured that family space and servant space were separated.

Charles Lange was a German immigrant and prosperous retailer of glassware and porcelain. The first record of his having lived in Soulard dates to 1858, when he lived in a small brick bungalow on Allen Avenue.

As his business grew, he built several houses that are located on Lami behind his mansion masterpiece. The Langes raised nine children in the 12th Street mansion.

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Gerri's rocking horse collection seems to come alive under her tree.

BRATES ITS CENTENNIAL



Gerri and John stand ready to welcome tourgoers to their home.

John and Gerri proudly display a photograph taken in 1912 of the extended Lange family. John points to a young woman in the picture. She is smiling, one of the few in the photograph who looks happy.

"That's Edna, one of the Lange daughters," John says. "A few years after this picture was taken, Edna died in her sleep due to a gas leak from the early gas-type room heaters that were used to heat this home. She died upstairs in the room that's now the library."

"We've noticed that doors on the third floor open without explanation," John says. "We figure it's Edna roaming the house. She's restless, but gentle."

The house was renovated extensively in 1912 when one of the Lange daughters married a doctor and brought him to live at home. The walkout basement became his office, joining a number of other doctors' offices, hospitals and midwifery practices in that part of Souard.

The most significant change during the 1912 renovation was the replacement of the original ornate, curved front staircase with a smaller staircase. Hot water radiator heat and electricity also were installed at the time.

The house remained in the Lange family until 1943. During World War II, the building became a boarding house, with sinks and kitchen facilities in every bedroom. The owners have chosen to leave the old room numbers on the bedroom doors.



Antique paper ornaments adorn the living room tree.

The house was spared many of the disasters that struck other St. Louis landmarks-turned-boarding houses. The millwork was left intact and all 63 windows still have their original glass, including two huge art glass windows and the front doors, which bear the initials "C" and "L" etched into the panes.

John and Gerri, the building's fifth owners, are restoring the home to the way it looked following the 1912 renovation. "We wouldn't want to return the house to gas lamps and coal fireplace heat, as it was when first built," John says. "And since we can't afford to be pure restorationists anyway, it works out well to go back to the 1912 configuration."

Gerri owns Gerri's Apartment Prep Service, a residential and commercial cleaning firm. John is the materials manager for the St. Louis

Public Library and a self-taught expert on Souard history.

His extensive library is filled with history books, but he doesn't just read history, he walks it. "I have a real sense of history, and I can walk the streets of Souard and just picture the bustle of activity when Souard was in its prime," he says.

By the turn of the century, there were no vacant lots in Souard, according to John. This neighborhood had a huge population; there were 48 midwives in Souard alone. There were commercial establishments on every corner and a busy trolley traversing State Street (now 12th) in front of John and Gerri's home.

"If I could just be transported back in time," he says wistfully. Which, of course, he is, every time he walks in the front door of Charles Lange's home on 12th Street.



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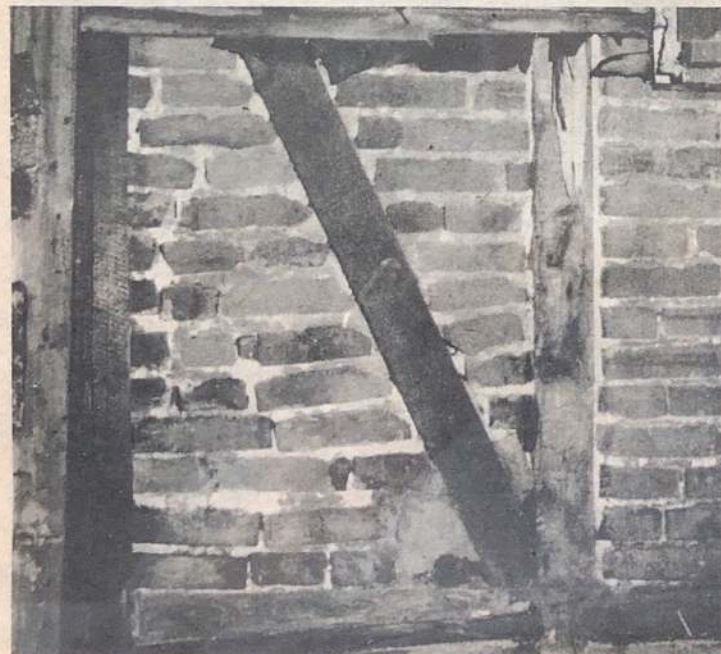


This small shell at 811 Allen Avenue, one of the oldest extant structures in Soulard, is an example of home construction favored by St. Louis' early French settlers. According to an article in the March/April 1989 issue of *Old House Journal*, the French Creole Cottage style was commonly constructed circa 1790 to 1840 in New Orleans, where many such houses survive. The fewer examples of this architecturally distinct type that survive in St. Louis logically date from the same era. Just seven of these French houses are left among Soulard's 1100 historic building.

The first story of 811 Allen was built into a hillside with a mixture of limestone and brick solid masonry construction. More notably, the second story and ridged-roof third floor attic were constructed in the rare "briqueté-entre-poteaux" method, literally, "bricks between posts": post and beam construction

with brick infill between. Cedar siding, now partially pulled off, covered the exterior walls. Also notable is the single, center chimney which stands independently of the exterior walls, each with two large, deep, wood-burning fireplaces. A side porch runs the length of the 600 square foot house.

Architecturally the house was butchered somewhat over the years, and in October 1990 it suffered a fire. Even so, because the majority of the structure remains sound, a historically sensitive restoration/renovation of this antique four room house would be quite attainable by an individual rehabber or craftsman. Fortunately, several individuals are concerned with the fate of 811 Allen Ave., and the Soulard Community Housing Corp. may purchase it for resale. This very old shell, one of the last of its kind in St. Louis, still awaits a savior, but its prognosis looks positive.



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Neighborhood Churches Slate Holiday Services

In celebration of the Savior's Birth, most Souldard area churches have planned special holiday services. Listed below are those services planned as we go to press.

Apostolic Pentecostal Church

1301 Gravois, Steven Willeford, Minister, 436-3636. Choir Program "They That Sit in Darkness," December 16 at 6:30 p.m. New Year's Eve Watchnight Service, 8 to 12 p.m. with foot-washing and communion. Weekly Sunday Worship at 10:45 a.m.

Church of God—Gravois Avenue

1222 Allen Ave., Russell Dotson, Pastor, 421-6862. Children's Musical "Somethings Up Down in Bethlehem," December 16 at 7 p.m. Teen Youth Play "Mommy Will It Snow in Heaven," December 23 at 7 p.m. Weekly Services Sundays at 10 a.m. with Christmas Celebration December 23. (Food and Toy Giveaway on December 19, call the church to donate or receive food and toys.)

Full Gospel Pentecostal Assembly

901 Lami, Virgil McWhorter, Pastor, 772-2127. Weekly Sunday Worship at 11 a.m. Christmas services not slated at press time.

Jesus Church of Christ

1115 Victor at Twelfth Street, Reverend Joan Dipple, 771-0078. Christmas Day at 9 a.m. Weekly Service: Sunday at 10:15 a.m.

Tabernacle Baptist Church

2401 South Twelfth Street, Pastor Howard Priest, 776-2478. Sunday Services at 10:45 a.m. Christmas Services not scheduled as of press time.

Way of Life Outreach Ministry

2530 South Twelfth Street, Anita Kelly, Pastor, 776-0123; Sunday Services: 10:30 a.m.; Christmas Services not scheduled at press time.

Trinity Lutheran Church

812 Souldard at Eighth Street, Reverend Samuel Goltermann, 231-4092. Advent Evening Prayer, December 4 at 4 p.m. Christmas Eve Lessons and Carols with Holy Eucharist: 11 p.m. (carol sing at 10:45). Christmas Eve: 5 p.m. Holy Eucharist; 7 p.m. Children's Service; Christmas Day 9 a.m. Holy Eucharist; Weekly Communion Services: Saturdays at 5 p.m., Sundays at 10:15 a.m.

Saint Agatha Catholic Church

3239 South Ninth Street at Utah, Father James Rodis, 772-1603. Christmas Eve: English Mass with the Blessing of the Crib Procession at 4:30 p.m.; Christmas Day Masses: 8 a.m. English; 10 a.m. Latin High Mass; Weekly Masses: Saturdays at 4:30 p.m. Sundays at 8 a.m. English, 10 a.m. Tridentine Latin Mass

Saint Joseph's Croation Catholic Church

2112 South Twelfth Street, Father Ivo Sivric and Father Aloysius Bambir, 771-0958. Christmas Eve Mass: Midnight with Mixture of Croation and English (carols start at 11:30 p.m.); Christmas Day Masses: 8 a.m. English; 10 a.m. Croation; 11:15 English; Weekly Sunday Masses: 8 a.m. English, 10 a.m. Croation

Saints Peter and Paul Catholic Church

1919 South Seventh Street at Allen, Father Bruce Forman, 231-9923. Christmas Eve Mass ??? p.m.; Christmas Day Mass at 9:30 a.m.; Weekly Masses on Saturdays at 7:30 p.m., Sundays at 9:30 a.m.



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Christmas Day—	
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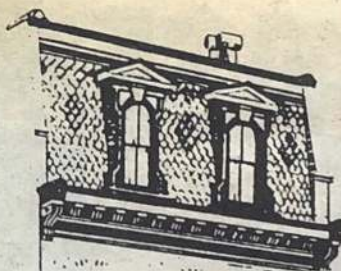


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PROPERTIES ON THE SOULARD HOLIDAY PARLOUR TOUR

On behalf of the Soulard Restoration Group, special thanks go to Hilda Willman and Ron D'Aloia for coordinating all the efforts for this Holiday Parlour Tour. As co-chairpersons they have been responsible for the wonderful tour taking place this weekend.

Thank you for coming—hope to see you in the near future.

Richard R. Eaton
President,
Soulard Restoration Group



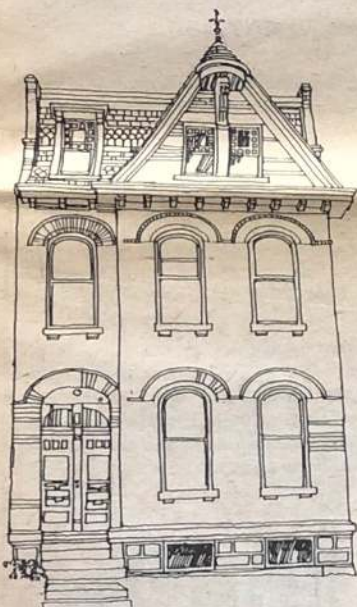
ALMOST A CENTURY

#1

Since it was built in 1895, this has been the home of the Jesus Evangelical Church. The founding congregation was an offshoot of St. Mark's Evangelical Church, then at Soulard & 3rd Streets.

The church windows, designed at the turn of the century, were recently cleaned and restored to their original beauty. They represent the Sea of Life, Chalice of Communion, the All-Seeing Eye of God, the Clasp'd Hands of Brotherhood, and the Cross and Crown, symbols of the Christian faith. The lighted rose window on the front facade shows its true beauty after nightfall.

In November the Jesus Church celebrated its 96th anniversary. The countdown to its centennial celebration has already begun. Many glorious Christmas celebrations have taken place here, and there will be many more to come.



A RENTER'S DREAM

#2

Soulard has in the past been known for its diverse mixture of multiple family homes. Susan's rehabbed apartment shows that distinction continues today.

At one time this building sat vacant, partially destroyed by a fire. The owner painstakingly reconstructed two units, one each on the first two floors. Plans are to complete a loft apartment on the third floor in the next several years.

Susan was the apartment's first tenant when she moved in earlier this year. Among the features she found attractive were the contemporary layout, the refinished pine floor, the original pocket doors, and the cast iron and slate fireplace mantels. A view of downtown St. Louis and the Arch from her dining room window also helped.

Of interest in the house is Susan's wine rack, which was an old shoe rack used by the St. Louis based International Shoe Co. Her bed is a Victorian high-back, which Susan had seen in another home during a previous house tour.

Susan is not a newcomer to Soulard. She moved here in 1985, attracted to the neighborhood by the one-of-a-kind apartments and the proximity to her work. She met her fiancé, Bill, in Soulard. They plan a spring wedding at Sts. Peter & Paul, a historic Catholic church on 7th Street, where both are active members of the parish. They plan to remain in Soulard after the wedding.

WHERE HISTORY AND MODERN LIFE BLEND

#3

Before you enter Cindy's home, notice the stone walls on the north and south faces of the building. The stone construction indicates this building was built before the Civil War. In fact, the building's owners have traced the building to 1854, when it was a farmhouse. It was originally built to house farm animals, and was later enlarged and converted to human use.

The alley house behind it also belongs to the property. It was built in 1890 to serve the swelling ranks of immigrants in Soulard. The building contains two apartments now.

The front house has a sub-basement which was once connected to the network of caverns beneath St. Louis. During the mid-1800s, runaway slaves traveling north on the Underground Railroad found temporary shelter in the sub-basement.

The sub-basement is a small, vaulted room constructed of brick and cement. The walls have drawings of stick people and sayings written on them. The owners consulted a Washington University professor who concluded that the drawings were not childish scrawl, but had been made by adults. The sayings were messages left for others who would come that way, according to the university scholar.

Cindy chose to rent the house not out of curiosity for the sub-basement, but out of love for the open, airy feeling of the rooms above. The building was renovated in 1975 and again in 1989.

The kitchen has been enlarged several times and now serves as the gathering point when Cindy's friends come to visit. With spacious rooms and a homey feeling, Cindy's house is popular for neighborhood gatherings.



A "NEW" VICTORIAN

#4

The surprise about Mary Jo's home is that it is not, as it appears, a Victorian restoration, but is a "gut rehab."

In Souldard parlance a building is a gut rehab when its interior has deteriorated so badly that the owner has no choice but to demolish the inside and start anew.

Such was her home's condition when Mary Jo bought it in 1983. Seven years of perseverance have transformed it into a warm, comfortable example of the Victorian era.

Mary Jo is not certain of the exact date of construction, but her research leads her to believe the first floor was completed in the 1870s. The second floor was added in the 1890s.

It was originally built as a single family home. The basement held a summer kitchen, which was later converted into an apartment. In fact, the entire home was divided into three apartments, housing as many as 16 people.

Mary Jo's first job was to remove several non-weight-bearing walls, replace all systems and rework the wood trim. One of the fireplaces had to be restored; the other was missing and had to be replaced.

Mary Jo's most recent project was replacing her front steps and restoring the original cast iron fence in front of the home.

Note the three cabinets on the first floor which Mary Jo has incorporated into the home. Once used in a pharmacy, they now hold Mary Jo's collection of chocolate sets and Oriental and German ceramics. Also of interest are the photographs of Mark Twain, which came from the Mark Twain Hotel in Hannibal.

Mary Jo's dining room set, which she inherited from her grandparents, holds many Christmas memories for her. She is reminded fondly of holiday food being served on the table, and afterwards, hours spent playing cards and family games.



THREE IN ONE

#5

It is difficult to believe this building, Pat and Harold's home, was originally made for three separate apartments.

When Pat bought the structure in 1981 there was a separate unit on each floor. Each had an outside entrance in the rear. The third floor was so small that a couch, left there by a previous tenant, could not be moved out. It was cut into pieces to be removed.

Pat began the slow process of rehab shortly after purchase. Acting as her own general contractor, she worked her way up from the first floor. By the time she and Harold were married the house was substantially completed. Harold likes to joke that he married Pat because her house was finished.

The rear only entrance to the house lends a sense of privacy and security. Harold and Pat say that they are rarely bothered by solicitors, because it is so hard to tell where the entry is located.

Inside the home, look at the photographs on the exposed brick wall. Many were taken by Pat's son-in-law, a former Souldardian.

Pat likes to tell the story of an elderly man who stopped by one day. He lived in the first floor unit with his parents and brother. He saw the outside handrailing, which had not been changed, and remembered once how his father had leapt over the railing to catch him for misbehaving. He remembered how fast his father was for an old man in his 30's.

Pat and Harold remember decorating one their Christmas trees with gingerbread man ornaments. They left for the evening and, upon return, found only the heads dangling on the tree's lower branches. It seems their dog became hungry and helped himself early to some holiday sweets.



HOME AGAIN

#6

For Kathy and Chuck, moving to Souldard has been a homecoming of sorts, especially for Kathy. She grew up in the Dogtown area of the city. After living in the suburbs, she decided to satisfy a yearning to return to urban living. Souldard was the choice for both of them.

Their home has known many owners, who have wrought many changes. It was constructed in 1889 as a single family residence. Since the 1920s or 30s it has known 14 owners. In the 1940s it was converted into a duplex.

Despite these changes, many of the home's architectural features remain. The ceiling medallions are untouched, as are the cast iron and slate top fireplaces.

In the short time Chuck and Kathy, and daughters Amy and Jenny, have been in the home, they have done some decorating. The wallpaper in the kitchen was added recently.

When they lived in their Souldard apartment, Kathy and Chuck could not afford a Christmas tree. So, they decorated "Baby Huey," the over 6 feet tall grapefruit tree in the front parlor with ornaments. Baby Huey began as a seed taken from a grapefruit Kathy had eaten for breakfast. Kathy and Chuck are grateful now for the tall ceilings of their home, which allows them to grace their home with a traditional Christmas tree.





FROM CARRIAGE HOUSE TO COTTAGE HOUSE

#7

Not only residences in Souland have experienced metamorphosis by rehabilitation. This building, owned by Jeff and Debbie, has been transformed from a carriage house into a cozy cottage.

One hundred and ten years ago the building was used to store carriages for the residence immediately to the south (Chuck & Kathy's home, which is also on tour). Carriages could enter from 13th Street. At some point the carriage house property was divided from the main residence. Since then many different people have owned it. The building's location, tucked away behind other homes, provides considerable privacy for Debbie and Jeff, their three dogs and one cat.

Inside you will notice the carriage door has been removed and the opening in the west wall filled with brick. At the top of the wall you can see where the castings for the door have rolled across the brick.

Jeff believes the brick floor in the living room is original. But, the pine floor in the kitchen, as well as the hand carved staircase, were added more recently.

Jeff bought the home about four years ago. Debbie joined him after their marriage. Jeff has lived in Souland since 1978. At first he became enamored with the night life in Souland, but he also appreciates the short commute to his job downtown. He teases his West County friends about spending an average of 500 hours a year in commuting.

VICTORIAN CORNUCOPIA

#8

The architectural description of a mansion is a house whose foyer has rooms leading off both to the right and left. John and Gerri's home is one of three Souland houses that merit the name "mansion."

Massed atop a hill in the southwest portion of the neighborhood, the house is truly one of the grande dames of Souland. It was constructed 100 years ago at the end of the Victorian era and bears the marks of a structure built during a period of change.

The front porch is made of rounded arches typical of the Richardsonian Romanesque style. A Queen Anne style turret is located on the corner of the house. And each fireplace is done in a different style: Victorian in the living room; Art Nouveau in the dining room; and Eastlake in the master bedroom.

Fortunately, the house has been continuously owner occupied, and so has been spared many remuddling atrocities. The millwork carries its original stain, the hardwood floors are intact, and all 63 windows are original to the home.

The mansion's windows tell interesting stories. Two ornate art glass windows greet visitors from the end of the central hallway. The matched windows depict vine-like plants in a rainbow of colors. The windows in the front door are etched with the letters "C" and "L"—the initials of the original owner.

John and Gerri moved to Souland in 1979, having gotten hooked on St. Louis' rehab neighborhoods by attending a Lafayette Square house tour. The couple quickly became involved in Souland activities. John was a founding member of the board of Neighborhood Housing Services, which provided low-interest loans for restoration and construction. His love of history led him to learn about his adopted hometown; John is a resident expert and prolific writer on the history of Souland.

John and Gerri would like to thank Jim Senyard for helping their home look its holiday best.



A REHAB MADE FOR TWO

#9

Cecelia, who owns this home with her husband Fred, has almost as much history in Souland as the building. She moved to Souland in 1974, before it became a historic district. She participated in the first Souland house tour in 1975. She has worked on every house tour since then.

Fred and Cecelia's home was built before 1875, but the exact date is unknown. The bay in the front was a turn-of-the-century addition. The home was a single family residence until the 1940s or 1950s. Then, it was divided into two apartments, which remained until 1979.

When Cecelia moved in her home was one of the most livable in Souland. She returned it to its original single family status. The original staircase had been removed before she bought it, so she installed a modern, iron staircase.

By the time of her marriage to Fred in 1984 Cecelia had almost completed her work. But, instead of an engagement ring, Fred and Cecelia spent money on a new kitchen and sunroom.

Christmas in Souland brings memories to Cecelia of decorated Christmas trees amidst plaster dust and bare walls. She feels fortunate that those rehab holidays are behind her.



THE SECOND EMPIRE STRIKES BACK #10

On this block your visual attention is immediately drawn to Dan's home. Built in 1885, it is a stunning example of the Second Empire style.

What places this home in the Second Empire genre is its distinctive mansard roofline. A mansard roof consists of a very steep lower slope and a gently angled almost flat top. It was a practical way to create a full story of space at the attic level.

For 13 years Dan has been painstakingly restoring his home to its original grandeur. When he bought the building it was vacant, except for providing shelter to neighborhood stray cats. Over the years it had been converted into a boarding house. As many as six kitchens had been installed.

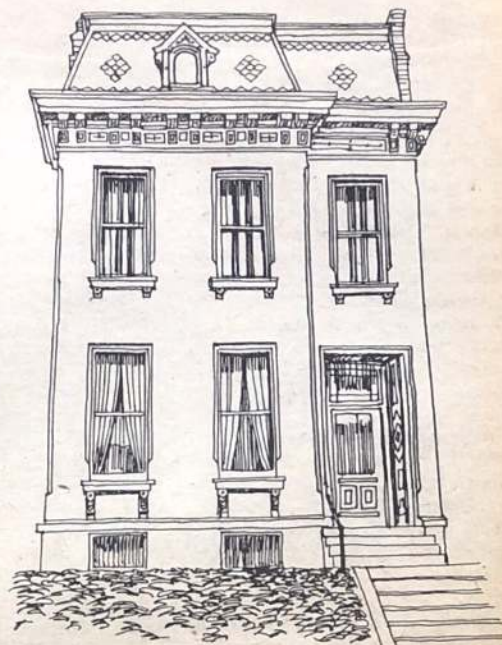
Much of the interior detailing has been restored. The cove moulding in the double parlors is orig-

inal, as are the ceiling medallions. The fireplaces are functional. Dan has converted them to wood burning.

A distinctive feature of the home is the candle chandelier in the dining room. Also notice the unusual shape of the room, created by the bay at the south end of the room.

Dan was able to create a spacious kitchen by knocking out a dumb waiter and a pantry. Future plans include treating the soft pine floor throughout the home.

Sometimes Dan refers to his home as his Purgatory. He uses the word with a twinkle in his eye. Once you see the result of his work, you will conclude Dan has paid his dues, and earned a place in rehab Heaven.



SANTA'S SOULARD HOME #11

When Santa Claus has to take a break from those elves, who're hammering away on toys for good girls and boys, he heads for North Pole South—also known as a rehabbed storefront at the corner of Lami and South 11th Streets!

Jolly Old Saint Nicholas is doing an exclusive gig in Soulard this weekend. And you can have your picture taken, free of course, with the jolly old elf.

But that's not all. We've decorated a Christmas tree with our favorite ornaments. And, we've brought photographs of ourselves as children enjoying the holiday festivities. We want to share with you our favorite childhood holiday memories.

Finally, back by popular demand, we're giving away lists of for-sale housing in Soulard and copies of The Soulard Renaissance newspaper. And for modest sums, we'll present you with the official Christmas cards and ornaments of the Soulard Restoration Group. This storefront was provided by Jim Bennett.

CLYDESDALE STABLES #12

Wrap up your Holiday Tour with a free trip through the campus of the Anheuser-Busch world headquarters. Many of the historic buildings, and nearly every tree, have been outlined in fabulous Christmas lights.

A special stop will be made at the Clydesdale Stables, which was originally constructed in 1889 as the private stables for brewer Adolphus Busch's estate. Highlights of the stables: a brass eagle chandelier from the 1904 World's Fair, several wagons used to deliver beer before motorized vehicles came into vogue, and of course, if they're not on the road somewhere, those majestic Clydesdale horses and their trusty friends, the Dalmatians.

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Ladue Quartet Carols Through Soulard

by Barbara MacRobie

If you're walking down the streets of Soulard on the Holiday Parlour Tour and are suddenly accosted by four people belting out a tune about "the girt dog of Langport" and demanding "a good toast and cheese," don't be alarmed—it's just the St. Peter's Quartet making their caroling rounds.

This is the fourth year that the singers from St. Peter's Episcopal Church in Ladue have traveled from house to house on the parlour tour troling the melodies of the season for the enjoyment of tourgoers.

"By the time we get to the sixth or seventh house, we sing the line in our Somerset Wassail, 'a drop or two of cider will do us no harm,' with great enthusiasm!" says Barbara MacRobie, the quartet's soprano.

Music has expressed the joy of Christmas ever since the angel choir appeared in the skies over Bethlehem singing "Glory to God in the highest." Some carols performed by the quartet have been handed down orally from generation to generation until they were recorded by a folk song collector, like the Appalachian Mountain song "Jesus, Jesus, Rest Your Head." Others have a definite

poser Richard Felciano. Wassails often have references that are clearly pagan, like 'our bowl it is made of the good ashen tree.' Sharp thought that the peculiar line about 'the girt dog of Langport' he burnt origin, like "Silent Night," written in 1818 by an Austrian priest. Christmas continues to bring out composers' most beautiful efforts. "This year we are adding to our repertory a haunting work called 'No Sad Though His Soul Affright,' a lullaby by the 20th-century British composer Ralph Vaughan Williams," Barbara says.

Most of the quartet's selections are sacred carols such as "Lo, How a Rose E'er Blooming" and "O Come, All Ye Faithful," in beautiful traditional arrangements. There are also some contrapuntal pieces from the Renaissance and Baroque areas. And then, there are the wassails.

The word *wassail* comes from the Angle-Saxon drinking pledge *Wao-Haol*—"to your health." "The piece that's become of 'theme song' is a wassail from Somerset County in England," says Barbara. "The tune and words were collected by the great British musicologist Cecil Sharp in 1908 and given a rousing arrangement by American com-

poser Richard Felciano. Wassails often have references that are clearly pagan, like 'our bowl it is made of the good ashen tree.' Sharp thought that the peculiar line about 'the girt dog of Langport' he burnt origin, like "Silent Night," written in 1818 by an Austrian priest. Christmas continues to bring out composers' most beautiful efforts. "This year we are adding to our repertory a haunting work called 'No Sad Though His Soul Affright,' a lullaby by the 20th-century British composer Ralph Vaughan Williams," Barbara says.

Barbara and her husband, tenor Edward Fliss, lived in Soulard and were active members of the Soulard Restoration Group a few years ago. Now residents of Webster Groves, they have an abiding affection for the neighborhood and have recruited other singers from their church choir to make up the caroling ensemble.

Glen Guhr, who describes his voice as "baritone in flux" and who is a soloist at St. Peter's, is working on his Ph.D. in musicology at Washington University. He recently presented his first paper at the university's international conference on Czech composer Bohuslav Martinu. Glen lives in Maplewood with his two cats. Both he and Ed are members of the Saint Louis Symphony Chorus.

Kathryn Smith's humorous description of herself as a "quasi-alto/kitchen sink soprano" belies her musical versatility as an assistant professor of music at Webster University and director of choral activities—which includes four different choruses—in the music education program. She also conducts the children's choir at St. Peter's. Her special interests range from early American music to Orlando Gibbons. "Since I just bought a home in Fox Park, I'm looking forward to getting to know Soulard better," Kathy says.

Barbara, public relations man-

ager for Dance St. Louis, says her voice is "what Anna Russell calls the 'English nymphs and shepherds' sound." Ed, who in non-musical life is an assistant professor of biology at St. Louis University, is a helden-tenor—his fortissimo rendition last year at St. Peter's of the medieval "Angelus ad Virginem" was described by one listener as "Wagner's Siegfried goes Christmas caroling!"

Under the leadership of Rev. James Metzger, rector, and S. William Aitken, organist and choirmaster, St. Peter's Church supports an extensive music program. As well as the adult choir, there are a children's choir, a handbell chorus, and a chamber ensemble that performs the service of Evensong the first Sunday of every month. Festival days such as Easter and St. Peter's Day are often enhanced with brass or string quartet. In fact, the choir is performing Part I of Handel's *Messiah* on December 2 with string orchestra. This will make that Sunday an exciting one for our carolers.

"We'll sing the 10:30 service at St. Peter's, pile into the car and eat lunch as we ride, sing for several hours in Soulard, then race back to Ladue in time for Messiah at five o'clock," says Barbara. "You can't say we won't be warmed up by the time those high notes come around."

Despite the grueling schedule, the singers say they wouldn't miss the parlour tour for the world.

"I always enjoy it," says Glen. "Soulard is a nice neighborhood and there are some great houses."

"The beautiful decorations, the friendliness of the hosts, and the enjoyment we give to people make the parlour tour an indispensable part of our Christmas," says Ed.

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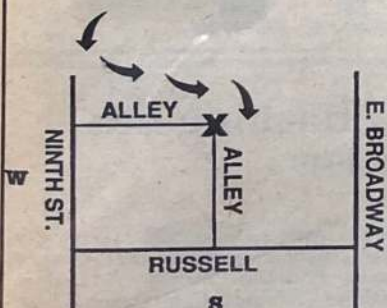
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LIGHTING COMBINES STYLE AND

by
Hilda Willman

Lighting is style. Lighting is function. Lighting is atmosphere. Suppose you have lighting fixtures that fit the design of your home or business, but you can't get the right effect from them. Perhaps you're not satisfied with their design, but replacement is troublesome and expensive. The solution to either problem could be as simple as screwing in a light bulb because in many cases relamping existing fixtures offers a lower cost and often more effective response. The two types of lighting which are most suited to relamping are fluorescent and track/recessed.

3000°K, similar to standard incandescent sources.

Chromaticity, however, is not the only measurement of fluorescent lamps and a consumer opting for warm white in the belief that it is a more natural source will be sadly disappointed. What is usually more important than the color of the source itself is how good that source makes objects and people appear. **Color rendering**, measured in percent [CRI], is entirely unrelated to chromaticity. Regardless of its chromaticity, the higher its CRI, the better a lamp will make things appear. Cool white, for example, has a CRI of 62 while the warm white, perceived as more natural, falls around 52. Surprisingly, the lamp that ac-

one popular lamp sold for its supposed health benefits, the Vitalite, to cease and desist from these claims.

What you should look for in a fluorescent lamp for home or business is that which combines the highest CRI available with a chromaticity best suited to your color scheme. The latest lamps such as the Specification series from General Electric have CRIs in the low 80s and are available at chromaticities ranging from as incandescent warm 3000 degrees to a cool white like 4100 degrees. In between is a 3500 degree lamp which is excellent for most contemporary kitchen and bath designs. Available at better lighting stores, they may cost more than the cool whites you find at hardware store checkout counters, but when you consider that they last an average 24000 hours, it's a small price to pay to dramatically improve a room's attractiveness.

Another common lighting problem can often be solved by the new compact fluorescent lamps. If you have a yard light operating on a dusk-to-dawn photo control and feel like you're replacing light bulbs weekly, take a look at these. They come in a variety of styles, but generally speaking, are low wattage, highly efficient and long lived. Some come with medium screw bases to fit standard lamp sockets, for others their are adaptors available. One popular one, for example, consumes only 15 watts while delivering the light of a 60 watt incandescent lamp and lasting 9 times longer. The savings in electricity alone is more than \$32, let alone the cost and aggravation of replacing the lamp eight times. Although these lamps have supposed minimum starting temperatures of between 0° and 32°F, and may not turn light on a cold winter night, the 32° lamp that I used in my yard for three years never failed to start.

Lighting
is
Style



Lighting
is
Function

FLUORESCENT

Perhaps your kitchen or office is lit with fluorescent lighting. You like the design of the fixture, there's plenty of light and little shadowing. It's energy efficient, doesn't produce much heat and the lamps last a long time.

Just the same you find fluorescent lighting distasteful. You don't go as far as some who call it sinister, unhealthy and a foreign conspiracy, none of which is supported by any empirical evidence, but you can sense is that it is stark, unnatural and makes your skin look green.

The source of most of your complaints may lie in the type of fluorescent lamp in your fixture. The cool white lamp accounts for more than 90% of the fluorescent lamps in use because it is the cheapest and most widely available lamp and consumers simply don't know they can do any better.

A little technical background is necessary. The cool in cool white refers to the lamp's **chromaticity**, or color temperature, which is measured in degrees Kelvin. Chromaticity describes the overall warmth or coolness produced by the source. A lower color temperature indicates a warm source which emphasizes reds, oranges and yellows. A higher color temperature designates a cool source emphasizing blues and greens. Cool white lamps have a chromaticity of 4100°K while their warm white cousins burn at Page 14 * Holiday Parlour Tour *

tually gives the best color, with a CRI of 90, is very cool and blue with a chromaticity of 5000°K.

If you've heard that what you need is a "full spectrum" lamp, don't waste your time looking for one. It's a meaningless term which has found its way into the marketplace. Although they emit greater or lesser amounts of light at different wavelengths, almost all visible light sources are full spectrum.

What is usually implied in this term is a light that is natural and healthful. The problem is there isn't a specific formula for natural light. Sunlight is certainly natural, but then so is moonlight. Moreover, sunlight is altered by such factors as time of day, season, latitude, altitude and meteorological conditions. No one artificial light source could account for these variables.

Recent studies have isolated a physiological disorder in some individuals whereby the lessening exposure to daylight associated with the colder months leads to episodes of depression. While abundant artificial lighting has been shown to ameliorate the disorder, researchers at such institutions as the Stanford Research Institute, Lawrence Berkeley Laboratories and the University of California Medical School at San Francisco have been unable to establish a relationship between "healthy" light and the spectrum. The Food and Drug Administration has ordered the manufacturer of

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FUNCTION IN TODAY'S HOMES

TRACK / RECESSED

Many homes, particularly rehabbed ones, make abundant use of track and recessed lighting. With the exception of some high style track heads, this type of lighting is purely functional so if it doesn't perform its intended function, lighting a space or object, it's not of much use. While it may be impossible to overcome errors in fixture placement, since most of these fixtures are little more than shielded lamp holders, selecting the appropriate lamp is critical.

The vast majority of track and recessed fixtures are directional sources which allow light to escape from one end of a cylinder. Most lack a built in reflector to utilize any light trapped in the fixture and must use special lamps to direct light, and heat, out their open ends. The type of lamp commonly used has been the reflector, or R lamp, available in various sizes and wattages. The R lamp, is little more than a standard light bulb with the glass blown into a cone shape and the backside painted with a reflective material.

Some of the new halogen sources might be a better choice than a R lamp. Many people are familiar with the term as it relates to the brighter headlamps on their new car or those sexy Italian desk lamps. Halogen refers to the "halogen regenerative cycle" of the source, a tungsten filament, surrounded by halogen gas, within a quartz glass envelope. When normal incandescent lamps burn, particles are deposited on the inside of the glass lessening the

light output of the lamp. By the use of halogen gas and higher burning temperatures, this debris is redeposited on the filament, resulting in a brighter light which maintains nearly perfect output throughout its life.

Halogen lamps are not new. Some versions known as quartz lamps have been around for years. Recently, however, the types and numbers of halogen sources have mushroomed and some types can be used to upgrade the performance of standard track and recessed fixtures. In addition to their brightness and efficiency, these lamps' smaller size allows for more compact fixture designs and better beam control.

While many halogen lamps are low voltage, requiring the use of expensive fixtures with transformers, the last couple of years have seen the introduction of a number of line (120 volt) sources which can be easily installed in existing fixtures. The newest halogens are available as PAR lamps, Parabolic Aluminized Reflectors. PAR lamps, which in non-halogen form have been used for years as outdoor floods because of their weatherproof capabilities, consist of a heavy glass lens fused to a reflector. The addition of a halogen source within this package creates a lamp which emits a brighter, whiter and more precise light than the old R lamp. Objects can be highlighted more effectively and colors appear more vivid under these sources. They are perfect for accent lighting most types of artwork or tasklighting such functional areas

as kitchen countertops.

Like the older R lamps, the new halogen PARs are available in several sizes and wattages to fit most existing track and recessed fixtures. In addition, many manufacturers are taking advantage of their compactness in the design of new fix-



Halogen lamps are not new. Some versions have been around for years... These lamps' smaller size allows for more compact fixture designs and better beam control.



tures. While they carry a higher price tag than the R lamps, their greater efficiency allows for energy savings by lowering wattages. By replacing the common 150 watt R40 lamp with a 90 watt halogen PAR38, for example, the consumer could save \$9.60 in electricity over the 2000 hour life of the lamp, more than the cost of the lamp itself. Similarly the smaller 75 watt R30 can be replaced with a 50 watt halogen PAR30 which delivers three times the candlepower for 33% less electricity, roughly a four dollar savings. Simply put, these lamps offer better lighting at a lower cost.

One recent product introduction

suggests that even further improvements are forthcoming. Most of the wattage used by incandescent lamps actually goes to generate invisible infrared energy, given off as heat. GE engineers developed a special infrared reflective coating which, when applied to the filament tube actually converts this wasted energy to more visible light, resulting in a lamp both more efficient and cooler burning. The new Halogen-IR PAR lamp in a 60 watt version delivers the same candlepower as the 90 watt halogen for 33% less energy use.

Unfortunately, the process of applying the filament tube with the special coating is so time consuming that supplies of the new IR lamp are low, the price high and availability limited to a few large users. GE hopes to increase production shortly, however, and eventually broaden the IR product line.



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COUNTY FAMILY FINDS SOULARD MEETS NEEDS

by Paul Vendrick

It was a crisp spring morning. Andrew Simpson yawned and stretched and peered out the bedroom window of his Creve Coeur home. "It's still there," he muttered to this wife Glenna. "What is still there, Andrew," she replied as she sat up in bed. "The lawn. There must be miles and miles of it out there. Waiting for me. All I seem to do any more is mow the lawn. And when I'm not mowing, I'm commuting. Drive, drive, drive. Mow, mow, mow. What has happened to our leisure time?"

Glenna glanced toward the window where Andrew stood with his nose pressed to the glass. "By the way," she said, "UPS tried to leave a package from L.L. Bean with our neighbors yesterday, but they claimed they didn't know who we were and refused to sign for it. Something about not getting involved. I'll bet it's the raincoats we ordered for the boys." Andrew just silently stared at the lawn. "We've got to get out of here, Glenna," he said. "Parkway schools or not, we can't live as...Prisoners Of The Split-level Ranch."

It does sort of read like one of those romance novels. But then all good fiction has its roots in reality. Andrew and Glenna are real people who now live in Souland with their three sons Andrew, Alex, and Arthur. And the story told above could have easily happened to them.

A couple of years ago Andrew and Glenna Simpson moved to St. Louis from Boston with their three young boys. The realty agencies they worked with ushered them towards Western Suburbia; a very popular spot for couples with school-aged children. Soon they moved into a cozy home in Creve Coeur with lots of room for the boys, the dog, and all the "stuff" active families seem to create. Perfect. Well, almost perfect.

Andrew and Glenna began to notice their lives becoming a bit repetitive and unusually predictable. This family was accustomed to a fair amount of social diversity in Boston. But nothing new seemed to be happening to them. They knew relatively few neighbors. Andrew couldn't find time to paint pictures any more. The piano that used to fill their evenings with Mozart and Haydn gradually fell silent; replaced by the mindless drone of the lawn mower. And where were the boys? They always seemed to be outside.

Andrew bought a sporty convertible to combat the boredom of the daily commute to and from work. He

convinced himself that it helped. "I quickly understood the two car rule of living in the Burbs," Andrew said. "You must drive a car to do much of anything." When he was at work his family might as well have been on an island without transportation. "Suddenly, we had to have two cars."

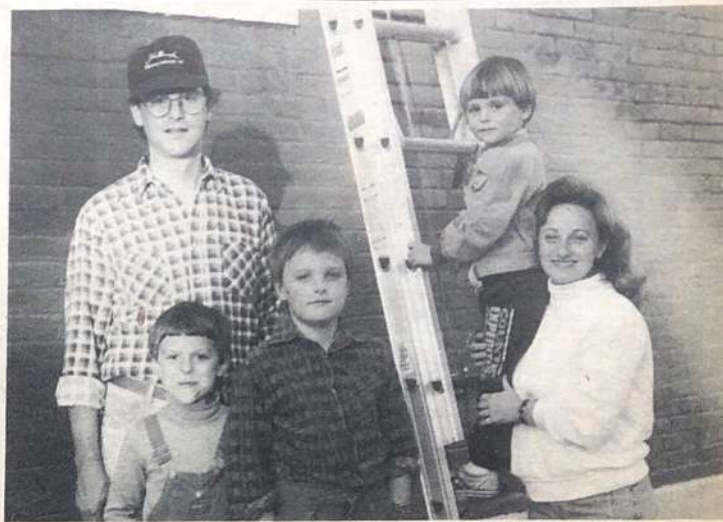
The Simpsons grew increasingly uncomfortable with the suburban lifestyle. Oh, it was all very nice, "it just wasn't very good," remarked Glenna. "We wanted a multi-ethnic environment for our lids," Andrew explained. The structure of suburbia is far too detached to provide that. Everyone needs social diversity if they are to build strong ethics, morals, and values. We felt we owed these things to the boys." After a very long year and a half, they were poised for a dramatic change.

A friend Andrew worked with lived in an inner city neighborhood called "Souland." He convinced them that they should consider moving and that this area might present an opportunity to restore the lifestyle they missed so much. They started looking at homes

"To be honest, we were a little apprehensive about Souland," Andrew confessed. "It borders some rough neighborhoods that, at first glance, cast some doubt on our living here." But after looking at many properties, they settled into a rehabbed Sidney Street home last June. "After one week all our anxieties about our move just vanished," laughed Glenna. "We love it here. Our fears were totally unfounded."

Andrew and Arthur currently attend International Magnet School, and all three boys enjoy activities at the Boy's Club in Souland. "There seems to be so much more opportunity for our family here," Glenna noted. "We know many more people than we did in the suburbs, and it seems like we have more leisure time." Andrew, of course, is delighted with the 10 minute trip to the office everyday, and best of all, the courtyard has no lawn to mow.

The efficiencies of city living have afforded Andrew and Glenna more hours to spend as they wish. The piano once again livens up the house, and Andrew wants to do a painting for a wall space near the stairs. More leisure time means they can be less controlled and more spontaneous. "We enjoy deciding to do something at the last minute, like going out to Ted Drewes after dinner. It's much easier to do what you feel like doing at the moment in



Andrew, Arthur, Andrew Jr., Alex, and Glenna outside their Sidney St. home.

an urban setting."

"What's great about inner-city St. Louis is that the urban extreme hasn't hit here like it has on the east coast," Andrew said. In contrast to Boston, for instance, one can still find a parking space here and five dollars for a Pepsi in a restaurant is considered unthinkable out-

geous. "Although," Andrew points out, "St. Louis is still struggling with its sense of historic pride. The renaissance of neighborhoods like Souland is much more than architectural. It is the awakening of new ideals of culture and the spirit of working towards a better quality of living."



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THE ROVING REPORTER ASKS: "What is your favorite Holiday recipe?"

Hilda Willman says, "My grandmother's pumpkin pie recipe is my holiday favorite because it brings back memories of Thanksgivings at my grandparents' home. My grandmother was a great cook, and this pie shows her talent—it's spicier and more flavorful than most pumpkin pies.

My Grandmother's Pumpkin Pie

1 can pumpkin
1 c. brown sugar
1/2 tsp. cinnamon
1/2 tsp. ginger
1/2 tsp. nutmeg
1/2 tsp. salt
2 beaten eggs
1 Tbs. melted butter
1-1/2 cups condensed milk
1/2 c. water.

Mix sugar and spices thoroughly; stir into pumpkin. Add eggs and butter. Blend milk diluted with water. Pour into crust. Bake at 350° for 10 minutes, then at 325° until finished.

Dave Mundy is the dessert chef at his house. He gives us Welsh cookies.

Welsh Cookies

7 cups flour
2-1/2 cups sugar
2 tsp salt
6 tsp baking powder
3 tsp nutmeg
1-1/2 tsp cinnamon
1 cup shortening
1 cup lard
1-1/2 cups currents
3 eggs, beaten
1/2 to 3/4 cup milk

Combine flour, salt, sugar, baking powder, and spices. Cut in shortening and lard. Add currents and mix well. Add eggs, then milk starting with 1/2 cup. If mix is too dry, add the rest of the milk. Roll out on a floured board to 1/8 inch thickness. Cut out cookies using a floured cutter or water glass. Fry cookies on a preheated (350°) skillet, electric fry pan, or griddle until golden brown. Yield 6 dozen

Lydia Homrighausen, house tour chef extraordinaire, loves sweets. Pecan Tarts are one of her holiday (and non-holiday) favorites.

Pecan Tarts

Crust:

1 8 oz. package of cream cheese
2 sticks (one cup) butter
2 cups all purpose flour

Cream ingredients together. Shape into small balls and press into mini-muffin tins to form shell.

Filling:

2 cups light brown sugar
2 eggs
2 Tablespoons melted butter
2 cups chopped pecans
1 teaspoon vanilla

Mix all ingredients together. Fill shells slightly more than 1/2 full. Bake at 350° for 20 minutes. Cool 10 minutes and remove from pan. Makes 48.

Richard Hansen says "The best part of a holiday dinner is the dressing with lots of gravy." He gives us his grandmother's recipe for meaty cornbread dressing.

Meaty Cornbread Dressing

1 pound ground beef
1 pound pork sausage
4 turkey wings or other parts
3 large onions
4 ribs celery
1/2 pound beef liver
2 loaves (20 ounces each) white bread
1/2 loaf (20 ounces) wheat bread
2 cups corn bread, crumbled
3 to 4 cups milk
1 teaspoon pepper
2 teaspoons salt
4 teaspoons curry powder
2 teaspoons poultry seasoning

Kim Workman gives us Cherry Herring. She says "Snuggle up with this and it will warm the cockles of your heart, but not too much or you'll be climbing the Christmas Tree." Kim realizes that you can't use this recipe this year, but keep it and start preparing for Christmas next June.

Cherry Herring

2 quarts Bing cherries
Do not pit (and buy at Soulard Market of course)
4 cups sugar
1 quart whiskey

Buy cherries in season (June or July). Take off the stems but do not pit the cherries. Combine all the ingredients and place in a large jar. Seal the jar tight and set aside. DO NOT OPEN FOR 6 MONTHS. Serve in small amounts. Do not remove the cherries, they will continue to ferment while you use the liqueur.

Brown beef and sausage; set aside. Cook turkey parts with enough water to cover until tender, reserve broth. Bone turkey parts; process meat through grinder or food processor; add turkey to beef and sausage mixture. Grind or process onions, celery, and liver; combine and simmer for 1/2 hour; set aside. Dry white and wheat bread in 250° oven; break into small pieces; combine with crumbled corn bread. Toss bread crumbs with mixture of equal parts turkey broth and milk to moisten and soften crumbs. Season with pepper, salt, curry powder, and poultry seasoning. Combine meat mixture, vegetable mixture, and softened bread crumbs. Use to stuff large turkey or bake in covered roaster at 350° for 1 hour.



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TWO NEW RESTAURANTS FEATURE HOME COOKIN'

by
Pete Grace

Out Of The



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Carry Outs...

Catering...

Liquor License

Owner, Martha Fenton, after cooking in and managing restaurants for many years, wanted to run one of her own. Her brother convinced her to look at a run down place in Souland last winter. After months of gutting, remodeling, frequent trips to City Hall, etc.—**OUT OF THE WEIGH** opened in July!

Martha has enlisted former frequent diner Bill Shelton (of the old Farrel's Food Shops) to manage the restaurant, while she does what she loves: **COOKING!** Their motto: "Everything Made From Scratch."

The pan fried chicken is a specialty...and there are specials advertised by menu board outside every day. Prices are **very** reasonable.

Martha and Bill's future plans: Expansion of the dining area...and, it is hoped, an outdoor summer garden (with neighbor's approval).



Martha "Sis" Fenton pausing to recommend her fried chicken specialty—and the daily special!



Arcelia Sanchez preparing a fresh entree for lunch. A recent Joe Pollack review was a rave. Congrats!



2501 SOUTH 9th AT VICTOR
7:00AM - 9:00 PM DAILY

776-5900 — Carry Outs

Named for Mom, Arcelia Sanchez has spent over thirty years cooking and working for others. Son Dave Farias wanted to get his mother a place of her own and spent over three years looking. The building, which was purchased in February 1990, was initially *zoned residential*. With the help of Alderman Marty Aboussie, Dave got a zoning variance and was able officially to open August 1.

This is really a "family" operation. Mom puts in 12+ hour days cooking while Dave's sisters wait tables and help with the cooking. Dave currently manages the Disabled American Veterans Store in Fairmount City, IL.

The cooking is described as "Old Mexico," with emphasis on many different spices. Lunch is extremely busy, as are Friday and Saturday nights. Specialties of the day are listed on the menu board outside. There is even a TV set tuned to a Spanish Language channel! Though no liquor is served, a license has been applied for.

Dave currently advertises in The Riverfront Times, but positive word-of-mouth has been his biggest business draw.

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THE FURTHER...

Adventures of An Amateur Rehabber

by Jay Gibbs

What would you do with a vacant, century-old Catholic church? Head over to 1808 South 9th Street for one inspired answer. Inside, one is likely to see people literally climbing the walls. Only in Soulard!

When developer Don Kehr purchased the (former) Holy Trinity Church it had already been de-sanctified by the Archdiocese, as well as stripped of everything religious or remotely usable. They even had removed the huge bells from the steeple!

Enter Rich Thomas, whose 9th Street Gym is the new tenant in the ex-sanctuary. The principle activity in the gym is indoor wall climbing, and it is very interesting to watch. Hold the "Spider-man" jokes! Rick is very serious about his business, and this unusual sport: "There are only 15



for-profit indoor climbing walls in the United States, and at 42 feet ours is the second tallest. This is the only wall in the St. Louis region, and the only one in the country located in an old church," he said, smiling.

Essentially, the climber dons a harness, is hooked to a rope, and then begins climbing utilizing the many "rock" outcroppings Rick has bolted to the walls. The rope is not used in the climbing, it is a safety feature; a person on the floor, called the belayer, pulls the excess slack from the rope during the climber's ascent. In case of a slip, the rope prevents an injurious fall; after the climber reaches the top, he or she can rappel down.

Rick's climbing club, just two months old, already has 32 members, one third of them women. A three-hour beginner's class costs \$20 and teaches enough fundamentals for the novice to start wall climbing. Advanced climbers also use the facility; for them the indoor climbing is exercise and conditioning for real mountain climbing. The experienced climbers are easily spotted because they eschew the safety rope and harness.

The sport is growing: "Rock climbing is extremely popular in Europe, and is catching on here in the States. There are several hundred climbers in the St. Louis area, and more and more of them are going to be looking for a year-round place to climb."

In addition to the wall climbing, there are judo classes underway on the large padded floor. Aerobics and Jazzercise classes are now forming as well and Rick will be adding a 60-foot rope for

free-hanging rope climbing and an "adjustable overhang" for practicing climbing upside down.

Call the Gym at 436-2633 for more information; it's open 7 days, and is a fascinating glimpse into the world of athletic and recreational climbing. Check it out!

P.S. It's Friday night. You've just exited a wedding reception, a restaurant, or a movie. The night is still young, now what?

My suggestion is that you come listen to Beth Tuttle at the Allen Avenue Cafe, at 9th and Allen Streets in Soulard. I've recommended the Allen Ave. before: it's a small local pub that serves up cold drinks, a limited menu of hot food, and live music nightly Tuesday through Saturday. It's a great place to revel in the flavor of "Old Soulard."

Now I especially suggest that you come hear Beth on Friday nights, she won't disappoint. Beth's voice resembles those of Janis Joplin and Bette Midler, but with her changing inflection, also sounds like that of Bonnie Raitt, Joni Mitchell, or Ricki Lee Jones, depending on the song.

Beth plays an electric piano and her accompanist Carl plays guitar; their range of musical style is wide sweeping, covering blues, jazz, folk, R&B, even light rock. The volume is strong, but not overpowering; your conversation need not be shouted. Beth Tuttle is good at what she does, come hear for yourself. As she solemnly intones sometime during each evening, "Live music is your best entertainment value!"



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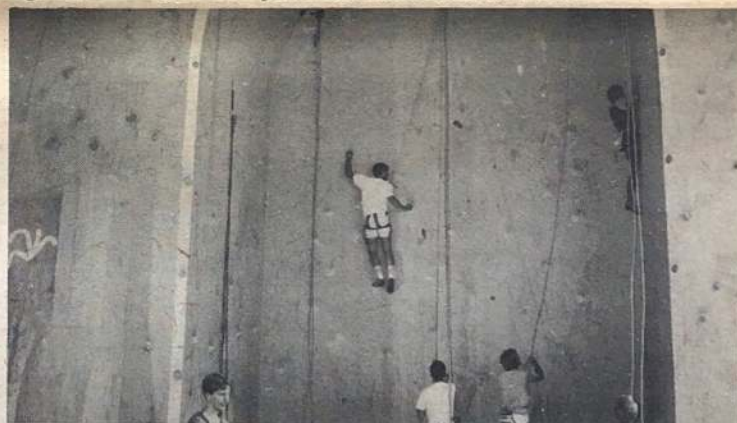
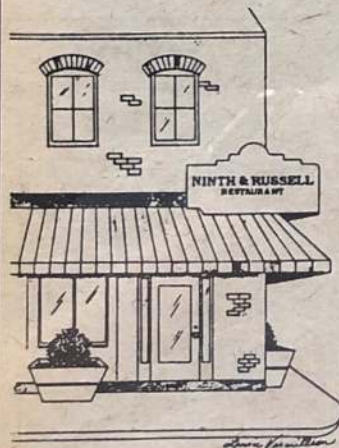
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